



Sheraton Dallas

Program of Events as of 7/22/25

This Program is Tentative and Subject to Change

Start Time	End Time	Event
Friday, August 8, 2025		
8:00 AM	5:00 PM	UPMA Executive Board Meeting
12:00 PM	1:00 PM	UPMA Executive Board Meeting Lunch <i>Sponsored by:</i> <i>Signature Postal Federal Credit Union</i>
6:00 PM	8:00 PM	Board Dinner <i>By Invitation Only</i> <i>Sponsored by:</i> <i>Mass Benefits Consultants and Caring Consulting Group</i>
Saturday, August 9, 2025		
8:00 AM	5:00 PM	UPMA Executive Board Meeting
8:00 AM	5:00 PM	UPMA Executive Board Meeting Lunch <i>Sponsored by:</i> <i>Signature Postal Federal Credit Union</i>
12:00 PM	5:00 PM	Registration Open <i>Sponsored by:</i> <i>United Healthcare</i>
3:00 PM	7:30 PM	Vendor Marketplace & Sponsor Area Open
4:00 PM	5:00 PM	Church Choir Practice
4:00 PM	10:00 PM	UPMA Hospitality Suite Open <i>Sponsored by:</i> <i>GEHA</i>
5:00 PM	6:00 PM	UPMA Retired Executive Board Meeting
7:30 PM	10:30 PM	Texas Country Welcome <i>Sponsored by:</i> <i>GEHA</i>
Sunday, August 10, 2025		
7:30 AM	5:00 PM	Registration Open <i>Sponsored by:</i> <i>United Healthcare</i>
8:00 AM	1:00 PM	Vendor Marketplace & Sponsor Area Open
9:30 AM	5:00 PM	Signature Postal Federal Credit Union Board Meeting
8:00 AM	9:30 AM	Church Service/Memorial Service

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9:30 AM	10:30 AM	Fellowship Coffee & Donuts <i>Coffee Sponsored by: Atlanta Postal Credit Union</i> <i>Donuts Sponsored by: NIBC</i>
10:15 AM	1:30 PM	Chapter Pictures
10:30 AM	11:30 PM	Auxiliary Board Meeting
10:30 AM	12:00 PM	UPMA Town Hall & Site Presentations
12:00 PM	2:30 PM	Atlanta Postal Credit Union 100th Year Celebration
1:00 PM	3:00 PM	UPMA B.R.A.T.S. (Bringing Real Attributes to Society)
1:00 PM	4:30 PM	UPMA Retired Meeting <i>Beverage Break Sponsored by:</i> <i>Mass Benefits Consultants and Caring Consulting Group</i>
1:00 PM	6:00 PM	UPMA Hospitality Suite Open <i>Sponsored by:</i> <i>GEHA</i>
1:30 PM	4:30 PM	National Member Reps Meeting <i>National Members Only</i>
1:30 PM	4:30 PM	Breakout Meeting - Presidents
1:30 PM	4:30 PM	Breakout Meeting - Secretary Treasurers
1:30 PM	4:30 PM	Breakout Meeting - Editors
1:30 PM	4:30 PM	Breakout Meeting - Legislative & PAC
1:30 PM	4:30 PM	Breakout Meeting - Membership Chairs
1:30 PM	4:30 PM	Breakout Meeting - Education Chairs
4:30 PM	5:00 PM	Executive Board Area Coordinator Meeting
5:00 PM	6:00 PM	Active First Timer's Orientation Reception <i>Sponsored by: Atlanta Postal Credit Union & Signature Postal Federal Credit Union</i>
5:30 PM	6:30 PM	Sponsor Recognition Reception <i>Invite Only</i>
8:00 PM	10:30 PM	Showdown at the Ivory Saloon & Chapter Night <i>Sponsored by:</i> <i>MyFEDBenefits</i>
Monday, August 11, 2025		
7:30 AM	3:00 PM	Registration Open <i>Sponsored by:</i> <i>United Healthcare</i>
7:30 AM	3:00 PM	Vendor Marketplace & Sponsor Area Open
7:30 AM	9:30 AM	Sponsored Coffee Break <i>Sponsored by: Atlanta Postal Credit Union</i>
7:45 AM	8:00 AM	Door Prize Drawing
8:00 AM	12:00 PM	General Business Session
9:00 AM	10:00 AM	UPMA B.R.A.T.S. Informational Meeting

10:00 AM	2:00 PM	UPMA B.R.A.T.S. Activity & Lunch
12:00 PM	1:30 PM	UPMA Retired Voting Precinct
12:00 PM	2:30 PM	Chapter Pictures
1:30 PM	3:00 PM	Area Coordinators Meeting - Atlantic
1:30 PM	3:00 PM	Area Coordinators Meeting - Central
1:30 PM	3:00 PM	Area Coordinators Meeting - Southern
1:30 PM	3:00 PM	Area Coordinators Meeting - Western Pacific
2:00 PM	5:00 PM	UPMA Retired Business Meeting
3:30 PM	5:00 PM	Training Seminar <i>Parliamentary Procedure the ABC's of Amendments</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Communication</i>
3:30 PM	5:00 PM	Training Seminar <i>Techniques for Dealing with Workplace Stressors for You and Your Employees Mental Health Awareness with Don Roussel</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Understanding Federal Benefits, FERS, TSP and Alternatives</i> Mass Benefits Consultants
3:30 PM	5:00 PM	Sponsored Training Session <i>BlueCross BlueShield</i>
3:30 PM	5:00 PM	Training Seminar <i>Investing in You – Maximizing Your Postal Benefits</i>
3:30 PM	5:00 PM	Training Seminar <i>Rural Delivery Operations – Keys to Success!</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Introduction to CMR 101</i>
3:30 PM	5:00 PM	Training Seminar <i>Career Development and the NEW KSA Assistance Team</i>
4:00 PM	8:00 PM	UPMA Hospitality Suite Open <i>Sponsored by:</i> <i>GEHA</i>
5:30 PM	7:00 PM	PAC Challenge Coin Reception <i>PAC Challenge Coin Required for Admittance</i>
8:00 PM	12:00 AM	Brims & Boots Barn Dance <i>Sponsored by:</i> <i>Signature Postal Federal Credit Union</i>
Tuesday, August 12, 2025		
All Day	All Day	Free Day
All Day	All Day	Golf Tournament <i>Sign-Up Required</i> <i>Sponsored by: FESA</i>
Wednesday, August 13, 2025		
7:30 AM	3:00 PM	Registration Open <i>Sponsored by:</i> <i>United Healthcare</i>

7:30 AM	9:30 AM	Sponsored Coffee Break <i>Sponsored by: Atlanta Postal Credit Union</i>
7:45 AM	8:00 AM	Door Prize Drawing
8:00 AM	3:00 PM	Sponsor Area Open <i>No Vendor Marketplace</i>
8:00 AM	12:00 PM	General Business Session
9:00 AM	11:00 AM	UPMA B.R.A.T.S. Informational Meeting
11:00 AM	1:00 PM	UPMA Auxiliary/B.R.A.T.S. Community Service Project
12:30 PM	3:30 PM	UPMA Retired Luncheon
1:30 PM	3:00 PM	Training Seminar <i>Pay-For-Performance (PFP) and the National Performance Assessment (NPA)</i>
1:30 PM	3:00 PM	Training Seminar <i>Grievance Handling, Attendance Control, Recent Collective Bargaining Agreements Changes</i>
1:30 PM	3:00 PM	Training Seminar <i>Techniques for Dealing with Workplace Stressors for You and Your Employees Mental Health Awareness with Don Roussel</i>
1:30 PM	3:00 PM	Sponsored Training Session <i>Postal Blue Book</i>
1:30 PM	3:00 PM	Training Seminar <i>Investing in You – Maximizing Your Postal Benefits</i>
1:30 PM	3:00 PM	Training Seminar <i>Rural Delivery Operations – Keys to Success!</i>
3:00 PM	4:00 PM	Convention First Timer's Check-in <i>All Active First Timers Should Check In</i>
3:30 PM	5:00 PM	Signature Postal Federal Credit Union Annual Meeting
3:30 PM	5:00 PM	Training Seminar <i>Pay-For-Performance (PFP) and the National Performance Assessment (NPA)</i>
3:30 PM	5:00 PM	Training Seminar <i>Grievance Handling, Attendance Control, Recent Collective Bargaining Agreements Changes</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Introduction to CMR 101</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Town Hall with APWU Health Plan</i>
3:30 PM	5:00 PM	Sponsored Training Session <i>Town Hall with FESA</i>
3:30 PM	5:00 PM	Training Seminar <i>Investing in You – Maximizing Your Postal Benefits</i>
3:30 PM	5:00 PM	Training Seminar <i>Rural Delivery Operations – Keys to Success!</i>

3:30 PM	5:00 PM	Training Seminar <i>Supervisor Workload Credit (SWC) System and PS150 Staffing Models</i>
3:30 PM	5:00 PM	Training Seminar <i>Career Development and the NEW KSA Assistance Team</i>
4:00 PM	10:00 PM	UPMA Hospitality Suite Open <i>Sponsored by:</i> <i>GEHA</i>
6:00 PM	8:00 PM	Membership Dinner <i>By Invitation Only</i> <i>Sponsored by:</i> <i>FESA</i>
7:30 PM	10:30 PM	Boots, Bulls & Boogie Night <i>Sponsored by:</i> <i>UPMA Retired & MyFEDBenefits</i>
Thursday, August 14, 2025		
7:30 AM	9:30 AM	Sponsored Coffee Break <i>Sponsored by: Atlanta Postal Credit Union</i>
7:45 AM	8:00 AM	Door Prize Drawing
8:00 AM	11:00 AM	Registration Open <i>Sponsored by:</i> <i>United Healthcare</i>
8:00 AM	11:00 AM	Sponsor Area Open <i>No Vendor Marketplace</i>
8:00 AM	12:00 PM	General Business Session
12:00 PM	1:00 PM	New UPMA Auxiliary Board Meeting
12:15 PM	2:00 PM	Volunteer Thank You Lunch <i>By Invitation Only</i>
1:00 PM	5:30 PM	UPMA Hospitality Suite Open <i>Sponsored by:</i> <i>GEHA</i>
5:15 PM	6:00 PM	President's Reception
6:00 PM	10:00 PM	Lone Star Send-Off Dinner & After Party